UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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		FORM 8-K	
	-		
		Pursuant to Section 13 or	15(d) of
		the Securities Exchange Ac	
	Date of Repor	t (date of earliest event repor	rted): December 10, 2019
		S. Silica Holdin xact name of registrant as specified	O 1
	_	Delaware (State or other jurisdiction of incorp	poration)
	001-35416		26-3718801
	(Commission File No		(IRS Employer Identification No.)
	·	y Freeway, Suite 600 Katy ddress of principal executive offices)	Texas 77494 (Zip Code)
	Registrant	t's telephone number, including are	ea code: (281) 258-2170
Check provisi		g is intended to simultaneously satis	fy the filing obligation of the registrant under any of the following
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))		
	Pre-commencement communications pursua	nt to Rule 13e-4(c) under the Exchar	nge Act (17 CFR 240.13e-4(c))
Securiti	es registered pursuant to Section 12(b) of the Act:		
	Title of each class	Trading Symbol	Name of each exchange on which registered
-	Common Stock, \$0.01 par value	SLCA	New York Stock Exchange

Written communications pursuant to R Soliciting material pursuant to Rule 14 Pre-commencement communications p Pre-commencement communications p Securities registered pursuant to Section 12(b) of the Title of each class Common Stock, \$0.01 par value Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter). Emerging growth company \square If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box

Item 7.01 Regulation FD Disclosure.

On December 10, 2019, Donald Merril, Executive Vice President and Chief Financial Officer of U.S. Silica Holdings, Inc. ("U.S. Silica"), will present at the Cowen 9th Annual Energy Conference in New York, New York, and discuss, among other things, U.S. Silica's business outlook. The presentation is available on the U.S. Silica Investor Relations website at https://ussilica.gcs-web.com/events.

Cautionary Statement Regarding Forward-Looking Statements

The presentation referred to above contains "forward-looking statements" within the meaning of the federal securities laws - that is, statements about the future, not about past events. Such statements often contain words such as "expect," "may," "believe," "plan," "estimate," "intend," "anticipate," "should," "could," "will," "see," "target," "likely," and other similar words. Forward-looking statements address matters that are, to varying degrees, uncertain, such as statements about our financial and performance targets and other forecasts or expectations regarding, or dependent on, our business outlook; growth for our company as a whole and for each of our reporting segments (and for specified products lines within each segment); demand for our products; improvements in operating procedures and technology, including our development of new products; our ability to increase profitability for certain products or product lines; our capital expenditures; our cost reduction strategies; the business strategies of our customers; the success of our acquisitions, joint ventures and alliances; future global economic conditions; and future results of operations. These statements are subject to risks and uncertainties, including, but not limited to, global economic conditions; changes in production spending by companies in the oil and gas industry and changes in the level of oil and natural gas exploration and development; general economic, political and business conditions in key regions of the world; pricing pressure; weather and seasonal factors; the cyclical nature of our customers' business; our inability to meet our financial and performance targets and other forecasts or expectations; operational modifications, delays or cancellations; our ability to develop new products; prices for electricity, natural gas and diesel fuel; new vertically integrated customers; changes in government regulations and regulatory requirements, including those related to mining, explosives, chemicals, and oil and gas production; and other risks and uncertainties detailed in our most recent Forms 10-K, 10-Q, and 8-K filed with or furnished to the U.S. Securities and Exchange Commission. If one or more of these or other risks or uncertainties materialize (or the consequences of such a development changes), or should underlying assumptions prove incorrect, actual outcomes may vary materially from those reflected in our forward-looking statements. The forward-looking statements speak only as of the date of the presentation referred to above, and we disclaim any intention or obligation to update publicly or revise such statements, whether as a result of new information, future events or otherwise.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: December 10, 2019

U.S. SILICA HOLDINGS, INC.

/s/ W. Andrew Macan

W. Andrew Macan

Senior Vice President, General Counsel & Corporate Secretary